

# 2025



## MEDICAL SERVICES

Hotel Čatež

  
terme čatež

# MEDICAL SERVICES

Health Center - Hotel Čatež

Pricelist 2025 | price per person in €

## MEDICAL SERVICES

medical examination by a specialist	53 €
medical examination with a specialist's opinion	66 €
check-up examination by a specialist	35 €
nurse visit in the room	22 €
drug prescription (1X)	13 €
exchange of wound pads and nursery	13 €
RR measuring	13 €
ear examination and ear rinsing	37 €
injections - Intramuscularly	13 €
muscle status - Partial	22 €
joint measurements (1 decision)	9 €
AS measurements	12 €
doctor's lecture	111 €
talk with a physiotherapist (30 min)	33 €
removal of surgical sutures	21 €
GUNA application (collagen injection)	53 €

## HYDROTHERAPY

guided group medical hydro gymnastics	16 €
assisted therapy hydro gymnastics in the Hubbard bath	32 €
2 or 4 cellular galvanic baths	24 €
pearl bubble baths	24 €
pearl bubble baths with herbs	25 €
underwater massage (20 min)	27 €
large bathtub (20 min)	22 €

## KINESITHERAPY

guided therapeutic gymnastics (in a group)	16 €
individual therapeutic gymnastics (20 min.)	31 €
passive mobility or joint mobilisation	31 €
neural-physiotherapy - Bobath (40 min.)	60 €
functional training of walking and standing (20 min.)	29 €
PNF (30 min.)	35 €
exercises on big balloons	60 €
individual pre-natal and postnatal exercises	29 €
individual pelvic muscles exercises	31 €
mobility exercises of the shoulder with support	14 €
exercises on bicycle, quadriceps bank	11 €
occupational therapy (20 min)	29 €
fitness workout for patients	21 €
nordic walking (30 min)	17 €

## MECHANOTHERAPY

knee flexion on a dynamic brace	22 €
traction (15 min)	25 €

## PREVENTIVE PROGRAMMES

### MEDICALLY PROGRAMMED ACTIVE HOLIDAYS

7 DAYS | 220 €

- 1x medical examination
- 2x Physical test
- 5x Daily recreation



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## ELECTROTHERAPY

anti-pain electrical therapy (DD, IF, TENS)	16 €
• antipain electrotherapy (5x)	70 €
laser	21 €
• laser (5x)	95 €
ultrasound	18 €
• ultrasound (5x)	85 €
electricity stimulation - 1 unit	18 €
magnetic therapy	20 €
Bioptron - light therapy	1 min/2 € & 10 min/15 €

## THERMO-THERAPY

fango - 1 wrap	25 €
fango - 2 wraps	28 €
fango - 3 wrap	32 €
fango - 4 wraps	36 €
paraffin - palms	21 €
paraffin - kneading	16 €
termo-pack - Joint	18 €
termo-pack - Additional joint	12 €
crio-pack - Joint	16 €
crio-pack - Additional joint	12 €
Cryoscreen	16 €

## DIAGNOSTICS

isokinetic testing	80 €
diagnostic testing of the cervical or lumbar spine	85 €
isokinetic testing for patients	50 €



## OSTEOPATHY

examination by a doctor osteopath	75 €
therapy by a doctor osteopath	66 €
manual soft tissue therapy (25 min)	50 €

## EXAMINATIONS (rapid tests)

blood test	16 €
urine test	13 €
prothrombin time	17 €
CRP	17 €



Cryoscreen is a device for neurocryostimulation with an integrated thermal camera that displays temperature and thermal areas to be treated on the screen.

Due to its display, the CO2 jet with a temperature of up to -78°C and a pressure of 50 bars, it is the perfect tool for detecting, targeting, and quickly acting, combining high technology and comfort for optimal use.





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### CURATIVE PROGRAMMES

**"PACKAGE" - INDIVIDUALLY TAILORED  
ONE WEEK (RECOMMENDED: 14 DAYS) | 600 €**

**SPINAL PAIN, JOINT PAIN, ACUTE 14 DAYS | 915 €**

- initial and final medical examination
- guided group exercises in the water ( 10 x )
- thermo or kriotherapy ( 10 x )
- individual kinesiotherapy ( 10 x )
- anti-pain electrotherapy ( 10 x )
- massage - partial ( 10 x )

### EDUCATIONAL PROGRAMMES

**POSTURE CORRECTION PROGRAM 7 DAYS | 488 €**

- initial and final medical examination
- individual kinesiotherapy ( 5 x )
- electrostimulation of weakened muscles ( 5 x )
- half manual or underwater massage ( 5 x )
- fitness exercises in the gym ( 5 x )
- swimming in the pool on the advice of a doctor

**OSTEOPOROSIS 7 DAYS | 445 €**

- medical examination
- guided group exercises ( 5 x )
- individual exercises ( 3 x )
- guided group medical hydro gymnastics ( 5 x )
- partial massage or underwater massage ( 5 x )
- endurance exercises ( 5 x )
- anti-pain electro stimulation or magnetic therapy ( 5 x )

### REHABILITATION PROGRAMMES

**REHABILITATION OF ATHLETES AND SPORT INJURIES**

**14 DAYS | 999 €**

- initial and final medical examination
- isokinetic testing ( 2 x )
- individual exercises ( 10 x )
- individual programme at the fitness studio ( 10 x )
- partial massage or lymph drainage ( 10 x )
- anti-pain electro stimulation ( 10 x )

**POST-INJURY OR POST-SURGERY REHABILITATION  
OF THE LOCOMOTOR SYSTEM**

**14 DAYS | 999 €**

- initial and final medical examination
- isokinetic testing ( 2 x )
- individual exercises ( 10 x )
- individual programme at the fitness studio ( 10 x )
- partial massage or lymph drainage ( 10 x )
- anti-pain electro stimulation ( 10 x )

**REHABILITATION AFTER BREAST CANCER SURGERY**

**14 DAYS | 980 €**

- initial and final medical examination
- hydrotherapy in a warm thermalwater ( 10 x )
- individual exercises ( 10 x )
- group therapeutic exercises - shoulder ring ( 10 x )
- lymph drainage ( 10 x )
- anti-pain electrotherapy ( 10 x )

### **BASIC CHARACTERISTICS OF THE MEDICAL REHABILITATION PROGRAM:**

Acrothermal water with a temperature of 52°C  
at the source is included in the rehabilitation  
and treatment procedures as a basic factor.

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## PREVENTIVE PROGRAMMES

### PREVENTIVE PROGRAMME FOR ATHLETES

**3 DAYS | 213 €**

- initial medical examination
- ultrasound of the affected joint or muscle Assessment of functional ability of specific muscle groups – testing with isokinetic dynamometer
- fitness training - under expert supervision of a physiotherapist and physical education teacher ( 2 x )
- 3x partial manual or underwater massage

### PREVENTIVE PROGRAMME FOR ATHLETES

**7 DAYS | 371 €**

- initial and final medical examination
- ultrasound of the affected joint or muscle Assessment of functional ability of specific muscle groups – testing with isokinetic dynamometer
- fitness training - under expert supervision of a physiotherapist and physical education teacher ( 5 x )
- 5x partial manual or underwater massage



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## RECOVERY PROGRAMMES

### PROGRAM FOR RHEUMATOLOGICAL PATIENTS, ANKYLOSING SPONDYLITIS - 14 DAYS | 932 €

- initial and final examination by a specialist doctor
- group therapeutic exercises - shoulder ring ( 10 x )
- guided group therapeutic hydrogymnastics ( 10 x )
- group exercises AS on dry land ( 10 x )
- manual half massage or underwater massage ( 10 x )
- painkiller electrotherapy or magnetotherapy ( 10 x )
- thermotherapy ( 2 places ) ( 2 x )

### PROGRAM AFTER KNEE SURGERY

#### - 3 DAYS | 213 €

- examination by a specialist doctor
- testing on the Biodex isokinetic splint to assess the functional ability of muscle groups
- Individual fitness program, including proprioception and fitness exercises under the professional supervision of a physiotherapist and personal trainer
- partial hand or underwater massage ( 3 x )

### PROGRAM FOR PARAPLEGICS AND TETRAPLEGICS

#### 14 DAYS | 789 €

- initial and final examination by a specialist doctor
- manual full body massage ( 11 x ) or underwater massage ( 7 x )
- individual physiotherapy ( 11 x )
- analgesic electrotherapy or other therapy as agreed with your doctor ( 11 x )
- swimming in pools with thermal water in Hotel Čatež, on the recommendation of a doctor

### PROGRAM FOR CHILDREN WITH CEREBRAL PALSY

#### 14 DAYS / 21 DAYS | 732 / 1124 €

- initial and final examination by a specialist doctor
- individual therapy Bobath ( 5 x / 8 x )
- individual therapy in Hubbard bath ( 5 x / 8 x )
- half manual or underwater massage ( 12 x / 18 x )
- swimming in pools with thermal water in Hotel Čatež, on the recommendation of a doctor

### STROKE PROGRAM

#### 14 DAYS | 932 €

- initial and final examination by a specialist doctor
- neurophysiotherapy( 10 x ) ( 40 minutes )
- half massage ( 10 x )
- underwater massage ( 5 x )

### PROGRAM AFTER SPINAL INJURIES

#### 14 DAYS | 666 €

- initial and final examination by a specialist doctor
- individual physiotherapy ( 10 x )
- half hand massage or underwater massage ( 10 x )
- analgesic pain therapy ( 10 x )

### SKELETAL DEGENERATIVE CHANGE PROGRAM

#### 7 DAYS | 466 €

- initial and final examination by a specialist doctor
- guided group therapeutic exercises ( 5 x )
- guided group therapeutic hydrogymnastics( 5 x )
- individual therapeutic gymnastics ( 3 x )
- thermotherapy - 1 place ( 5 x )
- half hand massage or underwater massage ( 5 x )
- analgesic or magnetotherapy ( 5 x )

### PROGRAM FOR SEVERE DEGENERATIVE SKELETAL CHANGES 14 DAYS | 818 €

- initial and final examination by a specialist doctor
- individual physiotherapy
- half hand massage or under water massage or pearl bath ( 10 x )
- analgesic pain therapy ( 10 x )
- magnetotherapy ( 10 x )

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## MASSAGES

full body massage (40 min.)	50 €
partial massage (20 min.)	34 €
manual lymph drainage (30 min.)	47 €
manual lymph drainage (60 min.)	77 €
manual lymph drainage - full body (90 min.)	106 €
machine lymph drainage (60 min.)	38 €
foot reflex massage (30 min.)	47 €

## SPINE THERAPY CENTER

### STARTER PACKAGE (1ST LEVEL) | 240€

- conversation with a physiotherapist,
- analysis and review of the patient's initial condition based on the anamnesis
- 6 × training \* on Dr. devices. Wolff
- 6 × swimming in the pool with thermal healing water in Hotel Čatež

### CONTINUATION PACKAGE (2ND LEVEL) | 264 €

- 6 × training \* on Dr. Wolff devices to eliminate sore spine,
- 6 × exercise for global stretching of long muscle groups,
- 6 × swimming in the pool with thermal healing water in Hotel Čatež.

\*exercise accompanied by a professionally trained physiotherapist (25 min)

### ADVANCED PACKAGE (3RD LEVEL) | 264 €

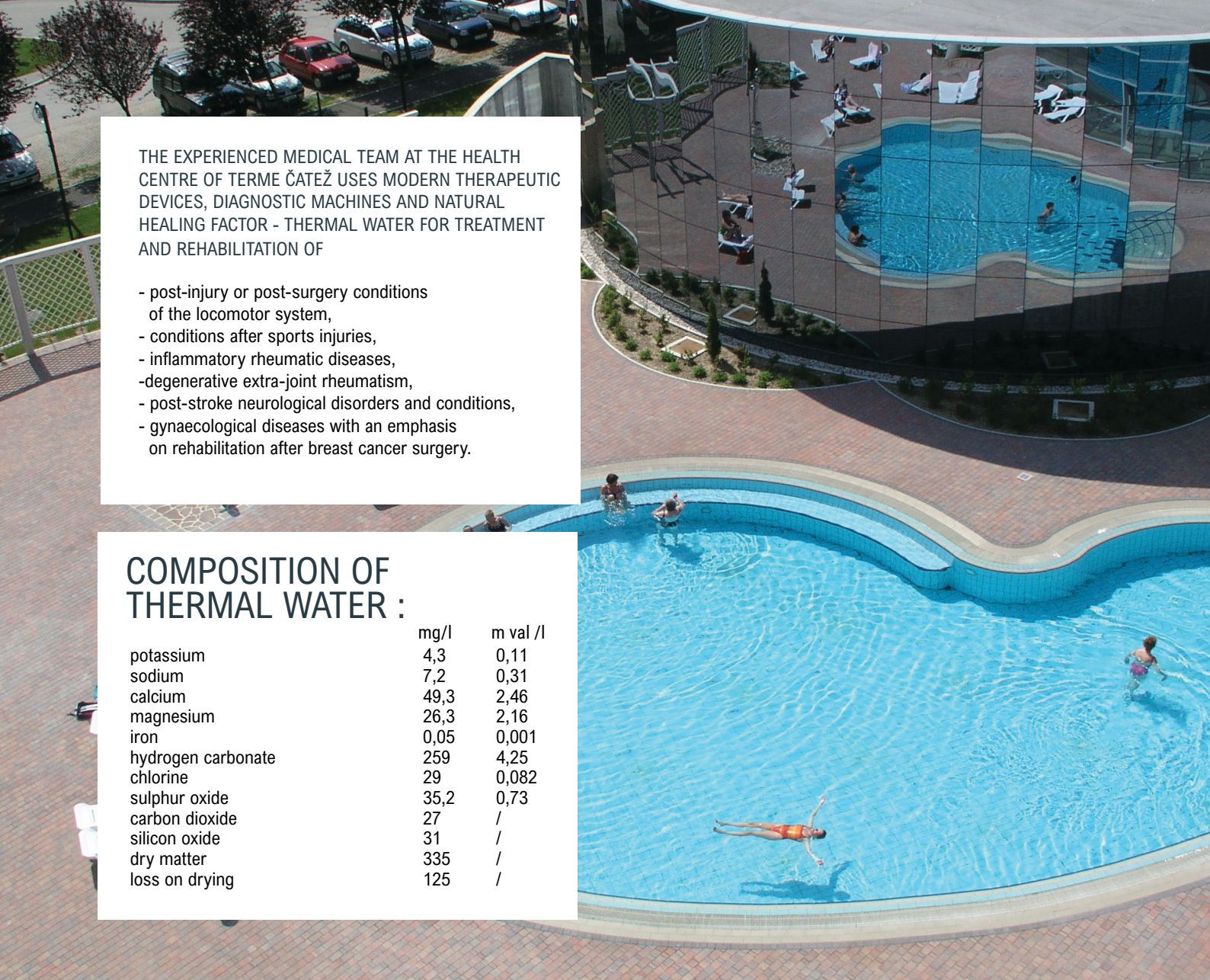
- 6 × training \* on Dr. devices. Wolff to eliminate sore spine,
  - 6 × combination of functional exercise with stabilization of the body center,
  - 6 × swimming in the pool with thermal healing water in Hotel Čatež.
- \*exercise accompanied by a professionally trained physiotherapist (25 min)

### SPECIAL OFFER : DIAGNOSTIC TESTING ON THE 'BACK-CHECK' DEVICE | 85 €

- conversation with a physiotherapist,
- 1 × diagnostic testing of the cervical or lumbar spine
- preparation of an ind.exercise program based on test results







THE EXPERIENCED MEDICAL TEAM AT THE HEALTH CENTRE OF TERME ČATEŽ USES MODERN THERAPEUTIC DEVICES, DIAGNOSTIC MACHINES AND NATURAL HEALING FACTOR - THERMAL WATER FOR TREATMENT AND REHABILITATION OF

- post-injury or post-surgery conditions of the locomotor system,
- conditions after sports injuries,
- inflammatory rheumatic diseases,
- degenerative extra-joint rheumatism,
- post-stroke neurological disorders and conditions,
- gynaecological diseases with an emphasis on rehabilitation after breast cancer surgery.

## COMPOSITION OF THERMAL WATER :

	mg/l	m val /l
potassium	4,3	0,11
sodium	7,2	0,31
calcium	49,3	2,46
magnesium	26,3	2,16
iron	0,05	0,001
hydrogen carbonate	259	4,25
chlorine	29	0,082
sulphur oxide	35,2	0,73
carbon dioxide	27	/
silicon oxide	31	/
dry matter	335	/
loss on drying	125	/

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