



# MEDICAL SERVICES

Hotel Čatež

2026



terme Čatež

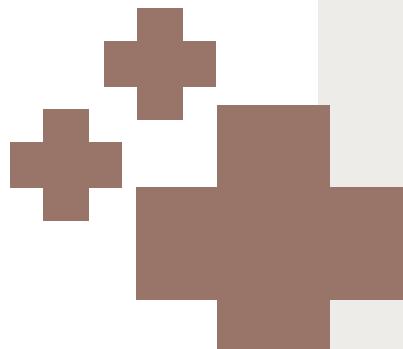
# MEDICAL SERVICES

## MEDICAL SERVICES

medical examination by a specialist	58 €
medical examination with a specialist's opinion	73 €
check-up examination by a specialist	38 €
nurse visit in the room	24 €
drug prescription (1X)	14 €
exchange of wound pads and nursery	14 €
RR measuring	14 €
ear examination and ear rinsing	41 €
injections - Intramuscularly	14 €
muscle status - Partial	24 €
joint measurements (1 decision)	10 €
AS measurements	13 €
doctor's lecture	122 €
talk with a physiotherapist (15 min)	20 €
talk with a physiotherapist (30 min)	36 €
removal of surgical sutures	23 €
GUNA application (collagen injection)	58 €

## HYDROTHERAPY

guided group medical hydro gymnastics	18 €
assisted therapy hydro gymnastics in the Hubbard bath	35 €
2 or 4 cellular galvanic baths	26 €
pearl bubble baths	26 €
pearl bubble baths with herbs	28 €
underwater massage (20 min)	30 €
large bathtub (20 min)	24 €



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Pricelist 2026 | price per person in €

## KINESITHERAPY

guided therapeutic gymnastics (in a group)	18 €
individual therapeutic gymnastics (20 min.)	34 €
passive mobility or joint mobilisation	34 €
neural-physiotherapy - Bobath (40 min.)	66 €
functional training of walking and standing (20 min.)	32 €
PNF (30 min.)	39 €
exercises on big balloons	66 €
individual pre-natal and postnatal exercises	32 €
individual pelvic muscles exercises	34 €
mobility exercises of the shoulder with support	15 €
exercises on bicycle, quadriceps bank	12 €
occupational therapy (20 min)	32 €
fitness workout for patients	23 €
nordic walking (30 min)	19 €

## MECHANOTHERAPY

knee flexion on a dynamic brace	24 €
traction (15 min)	28 €

## PREVENTIVE PROGRAMMES

### MEDICALLY PROGRAMMED ACTIVE HOLIDAYS

7 DAYS | 242 €

- 1x medical examination
- 2x Physical test
- 5x Daily recreation

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## ELECTROTHERAPY

anti-pain electrical therapy (DD, IF, TENS)	18 €
• antipain electrotherapy (5x)	77 €
laser	23 €
• laser (5x)	105 €
ultrasound	20 €
• ultrasound (5x)	94 €
electricity stimulation - 1 unit	20 €
magnetic therapy	22 €
Bioptron - light therapy	1 min/2,20 € & 10 min/17 €

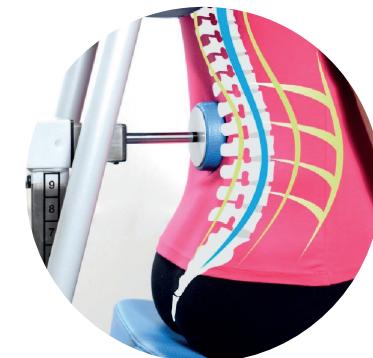
## THERMO-THERAPY

fango - 1 wrap	28 €
fango - 2 wraps	31 €
fango - 3 wrap	35 €
fango - 4 wraps	40 €
paraffin - palms	23 €
paraffin - kneading	18 €
termo-pack - Joint	20 €
termo-pack - Additional joint	13 €
crio-pack - Joint	18 €
crio-pack - Additional joint	13 €
Cryoscreen	18 €



## DIAGNOSTICS

isokinetic testing	88 €
diagnostic testing of the cervical or lumbar spine	94 €
Isokinetic testing for patients	55 €



## OSTEOPATHY

examination by a doctor osteopath	83 €
therapy by a doctor osteopath	73 €
manual soft tissue therapy (25 min)	55 €

## EXAMINATIONS (rapid tests)

blood test	18 €
urine test	14 €
prothrombin time	19 €
CRP	19 €

Cryoscreen is a device for neurocryostimulation with an integrated thermal camera that displays temperature and thermal areas to be treated on the screen.

Due to its display, the CO<sub>2</sub> jet with a temperature of up to -78°C and a pressure of 50 bars, it is the perfect tool for detecting, targeting, and quickly acting, combining high technology and comfort for optimal use.



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## CURATIVE PROGRAMMES

**"PACKAGE" - INDIVIDUALLY TAILORED  
ONE WEEK (RECOMMENDED: 14 DAYS) | 660 €**

### SPINAL PAIN, JOINT PAIN, ACUTE 14 DAYS | 1007 €

- initial and final medical examination
- guided group exercises in the water ( 10 x )
- thermo or kriotherapy - 1 spot ( 10 x )
- individual kinesitherapy ( 10 x )
- anti-pain electrotherapy ( 10 x )
- massage - partial ( 10 x )

## EDUCATIONAL PROGRAMMES

### POSTURE CORRECTION PROGRAM 7 DAYS | 537 €

- initial and final medical examination
- individual kinesitherapy ( 5 x )
- electrostimulation of weakened muscles ( 5 x )
- half manual or underwater massage ( 5 x )
- fitness exercises in the gym ( 5 x )
- swimming in the pool on the advice of a doctor

### OSTEOPOROSIS 7 DAYS | 490 €

- medical examination
- guided group exercises ( 5 x )
- individual exercises ( 3 x )
- guided group medical hydro gymnastics ( 5 x )
- partial massage or underwater massage ( 5 x )
- endurance exercises ( 5 x )
- anti-pain electro stimulation or magnetic therapy ( 5 x )

## REHABILITATION PROGRAMMES

### REHABILITATION OF ATHLETS AND SPORT INJURIES

#### 14 DAYS | 1099 €

- initial and final medical examination
- isokinetic testing ( 2 x )
- individual exercises ( 10 x )
- individual programme at the fitness studio ( 10 x )
- partial massage or lymph drainage ( 10 x )
- anti-pain electro stimulation ( 10 x )

### POST-INJURY OR POST-SURGERY REHABILITATION OF THE LOCOMOTOR SYSTEM

#### 14 DAYS | 1099 €

- initial and final medical examination
- isokinetic testing ( 2 x )
- individual exercises ( 10 x )
- individual programme at the fitness studio ( 10 x )
- partial massage or lymph drainage ( 10 x )
- anti-pain electro stimulation ( 10 x )

### REHABILITATION AFTER BREAST CANCER SURGERY

#### 14 DAYS | 1078 €

- initial and final medical examination
- hydrotherapy in a warm thermalwater ( 10 x )
- individual exercises ( 10 x )
- group therapeutic exercises - shoulder ring ( 10 x )
- lymph drainage ( 10 x )
- anti-pain electrotherapy ( 10 x )

### BASIC CHARACTERISTICS OF THE MEDICAL REHABILITATION PROGRAM:

Acrothermal water with a temperature of 52°C  
at the source is included in the rehabilitation  
and treatment procedures as a basic factor.

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## PREVENTIVE PROGRAMMES

### PREVENTIVE PROGRAMME FOR ATHLETES

**3 DAYS | 234 €**

- initial medical examination
- testing on the Biodex isokinetic splint to assess the functional ability of muscle groups
- fitness training - under expert supervision of a physiotherapist and physical education teacher ( 2 x )
- partial manual or underwater massage ( 3 x )

### PREVENTIVE PROGRAMME FOR ATHLETES

**7 DAYS | 408 €**

- initial and final medical examination
- testing on the Biodex isokinetic splint to assess the functional ability of muscle groups
- fitness training - under expert supervision of a physiotherapist and physical education teacher ( 5 x )
- 5x partial manual or underwater massage



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## RECOVERY PROGRAMMES

### PROGRAM FOR RHEUMATOLOGICAL PATIENTS, ANKYLOSING SPONDYLITIS - 14 DAYS | 1025 €

- initial and final examination by a specialist doctor
- group therapeutic exercises - shoulder ring ( 10 x )
- guided group therapeutic hydrogymnastics ( 10 x )
- group exercises AS on dry land ( 10 x )
- manual half massage or underwater massage ( 10 x )
- painkiller electrotherapy or magnetotherapy ( 10 x )
- thermotherapy ( 2 places ) ( 2 x )

### PROGRAM AFTER KNEE SURGERY

#### - 3 DAYS | 234 €

- examination by a specialist doctor
- testing on the Biodex isokinetic splint to assess the functional ability of muscle groups
- Individual fitness program, including proprioception and fitness exercises under the professional supervision of a physiotherapist and personal trainer
- partial hand or underwater massage ( 3 x )

### PROGRAM FOR PARAPLEGICS AND TETRAPLEGICS

#### 14 DAYS | 868 €

- initial and final examination by a specialist doctor
- manual full body massage ( 11 x ) or underwater massage ( 7 x )
- individual physiotherapy ( 11 x )
- analgesic electrotherapy or other therapy as agreed with your doctor ( 11 x )
- aftercare if necessary (additional fee)
- swimming in pools with thermal water in Hotel Čatež, on the recommendation of a doctor

### PROGRAM FOR CHILDREN WITH CEREBRAL PALSY

#### 14 DAYS / 21 DAYS | 732 / 1124 €

- initial and final examination by a specialist doctor
- individual therapy Bobath ( 5 x / 8 x )
- individual therapy in Haubbard bath ( 5 x / 8 x )
- half manual or underwater massage ( 12 x / 18 x )
- swimming in pools with thermal water in Hotel Čatež, on the recommendation of a doctor

### STROKE PROGRAM

#### 14 DAYS | 1025 €

- initial and final examination by a specialist doctor
- neurophysiotherapy ( 40 min ) - (10 x )
- half massage ( 10 x )
- underwater massage ( 5 x )
- aftercare if necessary (additional fee)

### PROGRAM AFTER SPINAL INJURIES

#### 14 DAYS | 733 €

- initial and final examination by a specialist doctor
- individual physiotherapy ( 10 x )
- half hand massage or underwater massage ( 10 x )
- analgesic pain therapy ( 10 x )
- aftercare if necessary (additional fee)

### SKELETAL DEGENERATIVE CHANGE PROGRAM

#### 7 DAYS | 513 €

- initial and final examination by a specialist doctor
- guided group therapeutic exercises ( 5 x )
- guided group therapeutic hydrogymnastics ( 5 x )
- individual therapeutic gymnastics ( 3 x )
- thermotherapy - 1 place ( 5 x )
- half hand massage or underwater massage ( 5 x )
- analgesic or magnetotherapy ( 5 x )

### PROGRAM FOR SEVERE DEGENERATIVE

#### SKELETAL CHANGES 14 DAYS | 900 €

- initial and final examination by a specialist doctor
- individual physiotherapy
- half hand massage or under water massage or pearl bath (10 x )
- analgesic pain therapy (10 x )
- magnetotherapy ( 10 x )
- aftercare if necessary (additional fee)

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### MASSAGES

full body massage (40 min.)	55 €
partial massage (20 min.)	37 €
manual lymph drainage (30 min.)	52 €
manual lymph drainage (60 min.)	85 €
manual lymph drainage - full body (90 min.)	117 €
machine lymph drainage (60 min.)	42 €
foot reflex massage (30 min.)	52 €



### SPINE THERAPY CENTER

#### STARTER PACKAGE (1ST LEVEL) | 264 €

- conversation with a physiotherapist,
- analysis and review of the patient's initial condition based on the anamnesis
- 6 x training on Dr. Wolff devices\*
- 6 x swimming in the pool with thermal healing water in Hotel Čatež

#### CONTINUATION PACKAGE (2ND LEVEL) | 290 €

- 6 x training on Dr. Wolff devices to eliminate sore spine,\*
- 6 x exercise for global stretching of long muscle groups,
- 6 x swimming in the pool with thermal healing water in Hotel Čatež.

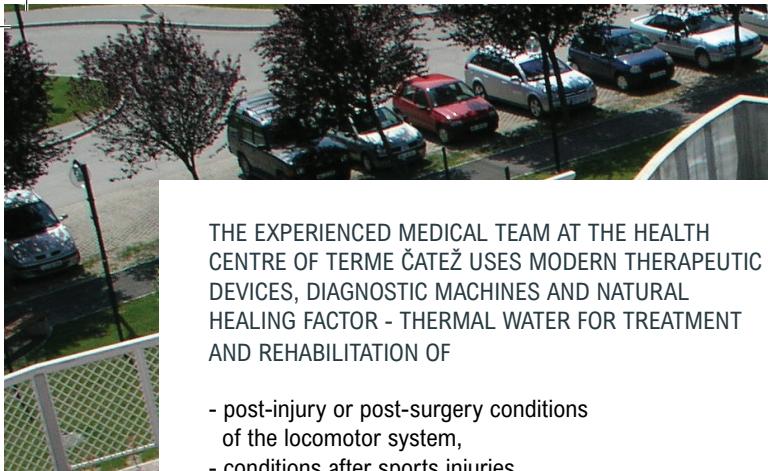
#### ADVANCED PACKAGE (3RD LEVEL) | 290 €

- 6 x training on Dr. Wolff devices to eliminate sore spine,\*
- 6 x combination of functional exercise with stabilization of the body center,
- 6 x swimming in the pool with thermal healing water in Hotel Čatež.

#### SPECIAL OFFER : DIAGNOSTIC TESTING ON THE 'BACK-CHECK' DEVICE | 94 €

- conversation with a physiotherapist,
- 1 x diagnostic testing of the cervical or lumbar spine
- preparation of an ind. exercise program based on test results

\*exercise accompanied by a professionally trained physiotherapist (25 min)

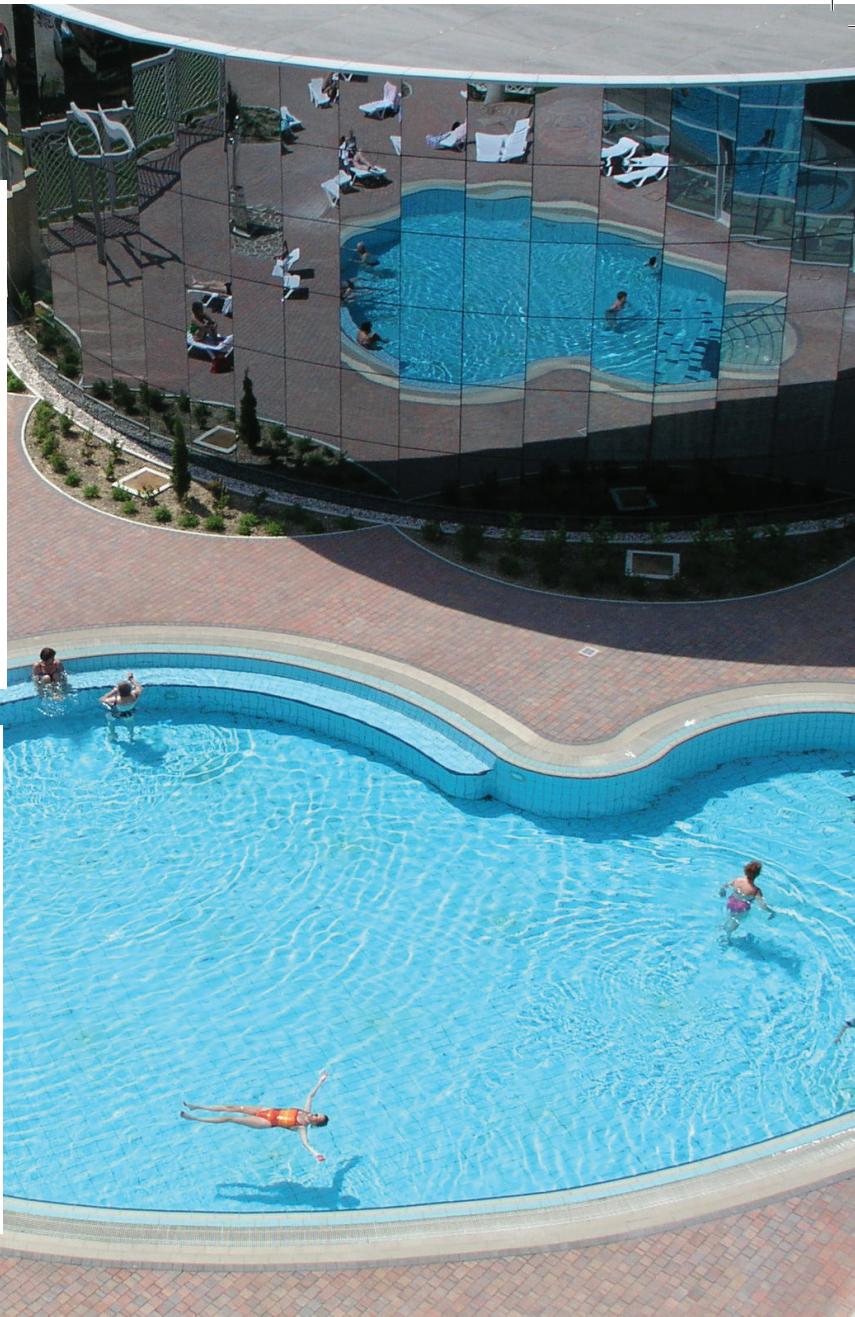


THE EXPERIENCED MEDICAL TEAM AT THE HEALTH CENTRE OF TERME ČATEŽ USES MODERN THERAPEUTIC DEVICES, DIAGNOSTIC MACHINES AND NATURAL HEALING FACTOR - THERMAL WATER FOR TREATMENT AND REHABILITATION OF

- post-injury or post-surgery conditions of the locomotor system,
- conditions after sports injuries,
- inflammatory rheumatic diseases,
- degenerative extra-joint rheumatism,
- post-stroke neurological disorders and conditions,
- gynaecological diseases with an emphasis on rehabilitation after breast cancer surgery.

## COMPOSITION OF THERMAL WATER :

	mg/l	m val /l
potassium	4,3	0,11
sodium	7,2	0,31
calcium	49,3	2,46
magnesium	26,3	2,16
iron	0,05	0,001
hydrogen carbonate	259	4,25
chlorine	29	0,082
sulphur oxide	35,2	0,73
carbon dioxide	27	/
silicon oxide	31	/
dry matter	335	/
loss on drying	125	/



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